

PLEDGEtalk:

6 Steps on the Road to Connection



What We Want
Peace, understanding,
and connection.



What We Experience
Stuck in conflict and
miscommunication.




What We Need
A roadmap from conflict to
conversation to connection.

THE OUTCOME...



With PLEDGEtalk
Communication that connects.



Without PLEDGEtalk
Conflict that divides.

Which do You Want?

What if everyone you knew understood PLEDGEtalk? You would enjoy even more connection! Share [PLEDGEtalk.com](https://pledgetalk.com) with everyone you know.



[PLEDGEtalk.com](https://pledgetalk.com)

WHEN CONFLICT HAPPENS...

PAUSE

1. You have a choice: react and harm each other, or Pause.
2. Pause to let your emotions dial down.
3. To experience a good drive, both parties must shift their mindset to valuing the other above themselves.

LISTEN

1. One person chooses to Listen first to the other's perspective.
2. Focus on what is being said, not on preparing what you will say.
3. Your goal at this waypoint: understand the other's perspective and heart.
4. Dodge harsh words and tones. Listen for underlying message.
5. This person also completes Echo & Disarm before giving their own perspective.

ECHO

1. Listener continues by Echoing back what was heard.
2. Listener asks if they heard correctly. If not, loop back—every roadmap has a route for recalculating.
3. This step slows down the interaction.
4. It helps ensure that each person listens well.

DISARM

1. The listener Disarms the tension by validating what was said.
2. Use phrases like: "Your perspective makes sense." "I can understand your viewpoint."
3. This is the stop that leads you back to peace.

GIVE

1. The listener can Give his/her perspective only after completing Pause, Listen, Echo, and Disarm.
2. Roles now switch. The former speaker now listens, echoes and disarms.
3. Take turns cycling back through the steps—each lap brings you closer to your destination.

ENGAGE

1. Engage the process until you both arrive at a better place together.
2. Use PLEDGEtalk every day—not just when the road gets tough.
3. Each step is indispensable for healthy communication.